

Food Security Resource Guide

Vilas and Oneida Counties



Partnership between





Contents

Community Resource Key	5-15
Family Food Local Program Guide	16
1. Food Pantry	18
2. WIC	29
3. Northwoods Weekend Backpack Programs	30
5. Community Meals	33
6. FORK Cares	34
7. Hodag Food Wagon	35
8. Meals NOW	36
9. FORK Pantry	37
10. JUMP START	38
11. Formula Support Program	39
12. National School Breakfast and Lunch Programs	40
13. The Locker	42
14. Senior Dining	43
15. FoodShare Wisconsin	45
16. Ruby's Pantry	46

Community Resource Key

Arbor Vitae

School District:

AV-W, Lakeland UHS

- 1e: Lakeland Food Pantry
- 1a: Community Food Pantry
- 1j: Vilas Food Pantry
- 2 : Vilas County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Boulder Junction

School District:

North Lakeland, Lakeland UHS

- 1a: Community Food Pantry
- 1e: Lakeland Food Pantry
- 1j: Vilas Food Pantry
- 2 : Vilas County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Cassien

School District:

Rhineland

- 1e: Lakeland Food Pantry
- 1g: Rhineland Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Clearwater Lake

School District:

Three Lakes

- 1h: Three Lakes Christian Food Pantry
- 1j: Vilas Food Pantry
- 6g: Rhineland Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 6 : FORK Cares
- 8 : Meals NOW
- 9 : FORK Pantry
- 10: JUMPSTART
- 11: Formula Support
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Conover

School District:

Northland Pines

- 1j : Vilas Food Pantry
- 2c: Headwaters Food Pantry
- 2 : Vilas County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 6 : FORK Cares
- 8 : Meals NOW
- 9 : FORK Pantry
- 10: JUMPSTART
- 11: Formula Support
- 12: School Breakfast and Lunch
- 13: The Locker
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Crescent

School District:

Rhineland

- 1g: Rhineland Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Crescent Corner

School District:

Rhineland

- 1g: Rhineland Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Eagle River

School District:

Northland Pines

- 1j: Vilas Food Pantry
- 1h: Three Lakes Christian Food Pantry
- 2 : Vilas County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 6 : FORK Cares
- 8 : Meals NOW
- 9 : FORK Pantry
- 10: JUMPSTART
- 11: Formula Support
- 12: School Breakfast and Lunch
- 13: The Locker
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Enterprise

School District:

Rhineland

- 1g: Rhineland Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Gagen

School District:

Three Lakes

- 1h: Three Lakes Christian Food Pantry
- 1g: Rhineland Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Goodnow

School District:

Rhineland

- 1g: Rhineland Food Pantry
- 1e: Lakeland Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Harshaw

School District:

Rhineland

- 1g: Rhineland Food Pantry
- 1d: Lakeland Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Hazelhurst

School District:

MHLT, Lakeland UHS,

Rhineland

- 1d: Lakeland Food Pantry
- 1g: Rhineland Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Jennings

School District:

Elcho

- 1b: Elcho Food Pantry
- 1g: Rhinelander Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Lac Du Flambeau

School District:

Lac du Flambeau,

Lakeland UHS

- 1d: Lac du Flambeau Food Distribution
- 1e: Lakeland Food Pantry
- 1a: Community Food Pantry
- 1j: Vilas Food Pantry
- 2 : Vilas County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Lake Tomahawk

School District:

MHLT, Lakeland UHS

- 1g: Rhinelander Food Pantry
- 1d: Lakeland Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Land O Lakes

School District:

Northland Pines

- 1c: Headwaters Food Pantry
- 1j: Vilas Food Pantry
- 2 : Vilas County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 6 : FORK Cares
- 8 : Meals NOW
- 9 : FORK Pantry
- 10: JUMPSTART
- 11: Formula Support
- 12: School Breakfast and Lunch
- 13: The Locker
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Lennox

School District:

Elcho

- 1g: Rhinelander Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Little Rice

School District:

Tomahawk

- 1i : Tomahawk Food Pantry
- 1f: Nokomis Food Pantry
- 1e: Lakeland Food Pantry
- 1g: Rhinelander Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Lynne

School District:

Prentice

- 1f : Nokomis Food Pantry
- 1i : Tomahawk Food Pantry
- 1g: Rhinelander Food Pantry
- 1e: Lakeland Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Malvern

School District:

Rhinelander

- 1g: Rhinelander Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Manitowish Waters

School District:

North Lakeland, Lakeland

UHS

- 1a: Community Food Pantry
- 1 j: Vilas Food Pantry
- 2 : Vilas County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

McNaughton

School District:

Rhinelander

- 1g: Rhinelander Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Minocqua

School District:

MHLT, Lakeland UHS

- 1e: Lakeland Food Pantry
- 1g: Rhinelander Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Monico

School District:

Three Lakes

- 1g: Rhinelander Food Pantry
- 1h: Three Lakes Christian Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 6 : FORK Cares
- 7 : Food Wagon
- 8 : Meals NOW
- 9 : FORK Pantry
- 10: JUMPSTART
- 11: Formula Support
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Newbold

School District:

Rhineland, Northland Pines

- 1g: Rhinelander Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Nokomis

School District:

Tomahawk, Rhinelander

- 1f: Nokomis Food Pantry
- 1i: Tomahawk Food Pantry
- 1e: Lakeland Food Pantry
- 1g: Rhinelander Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Pelican Lake

School District:

Elcho

- 1b: Elcho Food Pantry
- 1g: Rhinelander Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Piehl

School District:

Three Lakes

- 1h: Three Lakes Christian Food Pantry
- 1g: Rhinelander Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 6 : FORK Cares
- 7 : Food Wagon
- 8 : Meals NOW
- 9 : FORK Pantry
- 10: JUMPSTART
- 11: Formula Support
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Pine Lake

School District:

Rhineland

- 1g: Rhinelander Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Phelps

School District:

Phelps

- 1j : Vilas Food Pantry
- 1c: Headwaters Food Pantry
- 2 : Vilas County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 6 : FORK Cares
- 8 : Meals NOW
- 9 : FORK Pantry
- 11: JUMPSTART
- 17: Formula Support
- 12 School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Pratt Junction

School District:

Elcho

- 1c: Elcho Food Pantry
- 1g: Rhinelander Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Presque Isle

School District:

North Lakeland,

Lakeland UHS

- 1a: Community Food Pantry
- 1e: Lakeland Food Pantry
- 1 j: Vilas Food Pantry
- 2 : Vilas County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Rantz

School District:

MHLT, Lakeland UHS

- 1e: Lakeland Food Pantry
- 1g: Rhinelander Food Pantry
- 1a: Community Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
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- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Rhineland

School District:

Rhineland

- 1g: Rhinelander Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Roosevelt

School District:

Rhineland

- 1g: Rhinelander Food Pantry
- 7 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Sayner

School District:

Northland Pines

- 1a: Community Food Pantry
- 1j : Vilas Food Pantry
- 2 : Vilas County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 6 : FORK Cares
- 8 : Meals NOW
- 9 : FORK Pantry
- 10: JUMPSTART
- 11: Formula Support
- 12: School Breakfast and Lunch
- 13: The Locker
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Saint Germain

School District:

Northland Pines

- 1j : Vilas Food Pantry
- 1e: Lakeland Food Pantry
- 2 : Vilas County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 6 : FORK Cares
- 8 : Meals NOW
- 9 : FORK Pantry
- 10: JUMPSTART
- 11: Formula Support
- 12: School Breakfast and Lunch
- 13: The Locker
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Starks

School District:

Rhineland

- 1g: Rhineland Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Star Lake

School District:

Northland Pines

- 1a: Community Food Pantry
- 1j : Vilas Food Pantry
- 1e: Lakeland Food Pantry
- 2 : Vilas County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 6 : FORK Cares
- 8 : Meals NOW
- 9 : FORK Pantry
- 10: JUMPSTART
- 11: Formula Support
- 12: School Breakfast and Lunch
- 13: The Locker
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Stella

School District:

Rhineland

- 1g: Rhineland Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Sugar Camp

School District:

Three Lakes

- 1h: Three Lakes Christian Food Pantry
- 1g: Rhineland Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 6 : FORK Cares
- 7 : Food Wagon
- 8 : Meals Now
- 9 : FORK Pantry
- 10: JUMPSTART
- 11: Formula Support
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Sunflower

School District:

MHLT, Lakeland UHS

- 1g: Rhineland Food Pantry
- 1e: Lakeland Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Three Lakes

School District:

Three Lakes

- 1h: Three Lakes Christian Food Pantry
- 1g: Rhineland Food Pantry
- 1j : Vilas Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 6 : FORK Cares
- 7 : Food Wagon
- 8 : Meals NOW
- 9 : FORK Pantry
- 10: JUMPSTART
- 11: Formula Support
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Winchester

School District:

North Lakeland,

Lakeland UHS

- 1a: Community Food Pantry
- 1j : Vilas Food Pantry
- 2 : Vilas County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Woodruff

School District:

AV-W, Lakeland UHS

- 1e: Lakeland Food Pantry
- 1a: Community Food Pantry
- 1j : Vilas Food Pantry
- 2 : Vilas County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Woodboro

School District:

Rhineland

- 1g: Rhineland Food Pantry
- 2 : Oneida County WIC
- 3 : Northwoods Backpack Program
- 4 : Caritas
- 5 : Community Meals
- 7 : Food Wagon
- 12: School Breakfast and Lunch
- 14: Senior Dining
- 15: Food Share Wisconsin
- 16: Ruby's Pantry

Food Program Guide



1. Food Pantry

a. Community Food Pantry (Boulder Junction)

- i. Program Description: Provides food supplies for food insecure households.
- ii. Program Details:
 1. Eligibility Requirements: Clients must have income at or below 200% of the federal Poverty Guidelines established for their household size, per the Emergency Food Assistance Program. Income is determined by self-declaration.
 2. Application/Intake Process: Pantry participants are asked to fill out a form and provide proof of residency, the number of dependents, names and birth dates of each household member (i.e. for a child, that can be an immunization card, birth certificate, report card, etc.), and valid identification. Homeless persons may use the address of a local service agency.
 3. Food delivery process: (Patron's Choice)
 - a. Recipients fill in an order form and turn the form into a volunteer upon arrival at the pantry. The food items will then be selected and boxed and brought out to the recipient's vehicle.
 - b. Recipients come into the pantry to shop for needed items.
 4. Emergency food: Food needs outside of pantry hours can be filled by calling the pantry directly. (info below.)
 5. Food Benefit: Food is distributed on a per person basis predicated upon household size. Occasionally, a surplus of an item or items is available, and these items are provided to all pantry users, but do not count against their benefit limit. (Contact pantry for specifics that apply to your family.)
 6. Geographic Area Served: western Vilas County.
 7. Cost: None
 8. Sample pantry: Serving various items such as frozen food including fruits, vegetables, and meat, refrigerated food, canned items, dry shelf food, and bakery items. Items offered vary on a week-to-week basis.
 9. Address: 10445 Main St. Boulder Junction, WI 54512
 10. Direct Phone: 715-385-2146
 11. Hours of operation: Every Thursday
Alternating between morning and afternoon hours
 - a. Mornings 10:00 AM – 11:30 AM
 - b. Afternoons 3:30 PM – 5:00 PM
 12. Contacts:
 - a. Fred Zarembka
 - i. Phone: 715-892-5894
 - ii. Email: Fred@zarembka.com

b. Elcho Food Pantry (Elcho)

- i. Program Description: Provides food supplies for food insecure households.
- ii. Program Details:
 1. Eligibility Requirements: Clients must have income at or below 200% of the federal Poverty Guidelines established for their household size, per the Emergency Food Assistance Program. Income is determined by self-declaration.
 2. Application/Intake Process: Pantry participants are asked to fill out a form and provide proof of residency, the number of dependents, names and birth dates of each household member (i.e. for a child that can be an immunization card, birth certificate, report card, etc.), and valid identification. Homeless persons may use the address of a local service agency.
 3. Food delivery process: Recipients come into the pantry to shop for needed items.
 4. Emergency food: Food needs outside of pantry hours can be filled by calling the pantry directly. (See info below.)
 5. Food Benefit: Food is distributed on a per person basis predicated upon household size. Occasionally, a surplus of an item or items is available, and these items are provided to all pantry users, but do not count against their benefit limit. (Contact pantry for specifics that apply to your family.)
 6. Geographic Area Served: Serving Northern Langlade and Southeast Oneida County.
 7. Cost: None
 8. Sample pantry items: Items include frozen food including fruits, vegetables, and meat, refrigerated food, canned items, dry shelf food, and bakery items. Items offered vary on a week-to-week basis.
 9. Address: N11224 Antigo St, Elcho WI
 10. Direct Phone: 715-275-5010
 11. Hours of operation: Monday 2:30 PM - 4:30 PM,
Wednesday 4:00 PM – 6:00 PM
 12. Contacts:
 - a. Mary Lemke
 - i. Phone: 715-966-6418
 - ii. Email: Elchofood1@gmail.com

c. Headwaters Food Pantry (Land O Lakes)

- i. Program Description: Provides food supplies for food insecure households.
- ii. Program Details:
 1. Eligibility Requirements: Clients must have income at or below 200% of the federal Poverty Guidelines established for their household size, per the Emergency Food Assistance Program. Income is determined by self-declaration.
 2. Application/Intake Process: Pantry participants are asked to fill out a form and provide proof of residency, the number of dependents, names and birth dates of each household member (i.e. for a child, that can be an immunization card, birth certificate, report card, etc.), and valid identification. Homeless persons may use the address of a local service agency.
 3. Food delivery process: Recipients fill in an order form and turn the form into a volunteer upon arrival at the pantry. The food items will then be selected and boxed and brought out to the recipient's vehicle.
 4. Emergency food: Food needs outside of pantry hours can be filled by calling the pantry President. (see info below.)
 5. Food Benefit: Food is distributed on a per person basis predicated upon household size. Occasionally, a surplus of an item or items is available, and these items are provided to all pantry users, but do not count against their benefit limit. (Contact pantry for specifics that apply to your family.)
 6. Cost: None
 7. Sample pantry items: Items include frozen food including fruits, vegetables, and meat, refrigerated food, canned items, dry shelf food, and bakery items. Items offered vary on a week-to-week basis.
 8. Address: 6516 Olympic St, Land O' Lakes WI 54540
 9. Direct Phone: 715-547-6060
 10. Hours of operation: 1st and 3rd Wednesday from 8:30 – 11:30 AM
 11. Geographic Area Served: Serving the communities of Land O' Lakes, Conover and Phelps.
 12. Contacts:
 - a. Paul Scheffel (President)
 - i. Phone: 715-547-6060
 - ii. Email: srtrguy@gmail.com

**d. Lac du Flambeau Food Distribution Program
(Lac du Flambeau)**

- i. Program Description: The program is for persons (both tribal and non-tribal members) who reside on the Lac du Flambeau reservation, as well as enrolled members of any tribe residing in Vilas and Oneida counties.
- ii. Food Distributions Day and Time: Hours of operation
Monday – Friday 8:00 AM – Noon and then
1:00 PM – 3:30 PM
- iii. Qualifiers: If you are enrolled in Foodshare Wisconsin you can not receive both programs. (Individual must choose)
- iv. Location: 220 Industrial Park Road, Lac du Flambeau
- v. Contact:
 - a. Anna Borchardt
 - 1. Phone: 715-588-4204
 - 2. Email: aborchardt@ldftribe.com

e. Lakeland Food Pantry (Arbor Vitae/Woodruff)

- i. Program Description: Provides food, clothing, and other essentials to families and individuals in need of assistance.
- ii. Program Details:
 1. Eligibility requirements: Clients must have income at or below 200% of the federal Poverty Guidelines established for their household size, per the Emergency Food Assistance Program. Income is determined by self-declaration. The pantry does not discriminate on the basis of age, color, disability, national origin, race, religion or sex in the distribution of food. We are an equal opportunity provider.
 2. Application/Intake Process: Pantry participants are asked to fill out a form and provide proof of residency, the number of dependents, names and birth dates of each household member (i.e. for a child, that can be an immunization card, birth certificate, report card, etc.), and valid identification. Homeless persons may use the address of a local service agency.
 3. Food delivery process: Individuals come into the pantry to check in with their ID. They then choose the foods they want now
 - a. If it's a new recipient from within the focus area federal eligibility requirements are followed.
 - b. If they are new and from outside the focus area, they will be given food this one time and will be given the information for them to go to a pantry closer to their residence in the future.
 4. Emergency Food: Food needs outside of pantry hours can be filled by calling 715-356-9989 (Minocqua Caritas)
 5. Food Benefit: Food is distributed on a per person basis predicated upon household size. Occasionally, a surplus of an item or items is available, and these items are provided to all pantry users, but do not count against their benefit limit.
 6. Geographic area served: Arbor Vitae, Hazelhurst, Lac du Flambeau, Lake Tomahawk, Minocqua, and Woodruff. (Others as necessary)
 7. Cost: None
 8. Sample Pantry items: Includes frozen food, refrigerated food, dry shelf food, paper products, canned goods, and whatever else they have to offer in a particular week.
 9. Address: 1707 US Hwy 51 North, Woodruff, WI 54562
 10. Direct Phone: 715-358-2222
 11. Hours of operation:
 - a. Thursday 10:00 AM – 11:30 AM
 - b. Alternating Thursdays 3:30 PM – 6:00 PM
 12. Contact:
 - a. Lorna Springate
 - i. Phone: 815-978-5117
 - ii. Email: lpringate@hyfinc.org

f. Nokomis Food Pantry (Nokomis)

- i. Program Description: Provides food supplies for food insecure households.
- ii. Program Details:
 1. Eligibility Requirements: All clients are welcome.
 2. Application/Intake Process: None
 3. Food delivery process: Recipients come into the pantry to shop for needed items.
 4. Food Benefit: Food is distributed on a per person basis predicated upon household size. (Contact pantry for specifics that apply to your family.)
 5. Geographic Area Served: Serving the communities of Nokomis, Little Rice, and Cassian.
 6. Sample pantry items: Items include frozen pizza and hamburger, canned items, and dry shelf food. Items offered may vary on a week-to-week basis.
 7. Address: 2451 Lake Nokomis Road, Nokomis, WI
 8. Hours: Call for pick up times
 9. Contact:
 - a. Bette Stillman
 - i. Phone 715-612-2947
 - ii. bstillman2415@charter.net

g. Rhinelander Area Food Pantry (Rhinelander)

- i. Program Description: Provides food supplies for food insecure households. RAFF offers the following services: 3 weekly food distributions; online ordering and registration for customers; emergency food bags; delivery for home bound customers; transit service shopping in cooperation with our local public transportation provider; bulk onsite distribution for low-income housing; Hodag Kids Program (supplemental weekend and summer food and school based snacks); the Rhinelander Area Community Garden; supplemental food for local social service organizations; and partners with area food pantries as a drop site for Feeding America and TEFAP Commodities.
- ii. Program Details:
 1. Eligibility Requirements: Customers must reside in Oneida County. Customers must have income at or below 200% of the federal Poverty Guidelines established for their household size, per the Emergency Food Assistance Program. Income is determined by self-declaration.
 2. Application/Intake Process: Pantry participants are asked to complete an RAFF Customer Application form and State of Wisconsin Application for The Emergency Food Assistance Program. To complete these forms, customers must provide photo identification, proof of residency (ex. first class mail dated within 30 days), names and birth dates of each household member, and proof of dependents (ex. an immunization card, birth certificate, report card, etc.). Homeless persons may use the address of a local service agency.
 3. Food delivery process: (Customer's Choice)
 - a. Customers may use the pantry every 14 days.
 - b. Customers come into the pantry to shop for needed items during regular shopping days.
 - c. Customers may place an online order using the current link found on the RAFF website: www.rhinelanderareafoodpantry.org or on the RAFF Facebook page. Customers may select the desired food items and day of pick up. Upon arrival at the pantry, customers check in and sign for their order.
 4. Emergency food: Emergency food needs outside of regular pantry hours can be filled by calling 715-356-9989 Minocqua Caritas
 5. Food Benefit: Customers are able to shop for the food items needed based on household size.

6. Geographic Area Served: Serving the communities of Oneida County
7. Cost: None
8. Sample pantry items: include canned goods, dry shelf food, dairy, eggs, produce, frozen food including meat, refrigerated food, and bakery items. Items offered vary by shopping day.
9. Address: 627 Coon Street Rhinelander, WI 54540
10. Direct Phone: 715-369-7237
11. Emergency Food Phone for afterhours support: 715-490-4991
12. Hours of operation: Business hours are Monday through Friday 8am to 12pm. Pantry shopping hours are Monday 3:00 PM – 5:00 PM, Wednesday 4:00 PM – 6:00 PM, Saturday 9:00 AM – 11:30 AM. Please note that Pantry shopping hours are subject to change. Please refer to the RAFP website or contact RAFP for current hours.
13. Contacts:
 - a. Courtney Smith (Associate Executive Director)
 - i. Phone: 715-369-7237
 - ii. Email: csmith@rhinelanderareafoodpantry.org

h. Three Lakes Christian Food Pantry (Three Lakes)

- i. Program Description: Assisting food insecure households within our communities with supplemental groceries.
- ii. Program Details:
 1. Eligibility requirements: Clients must have income at or below 200% of the federal Poverty Guidelines established for their household size, per the Emergency Food Assistance Program. Income is determined by self-declaration. The pantry does not discriminate on the basis of age, color, disability, national origin, race, religion or sex in the distribution of food.
We are an equal opportunity provider.
 2. Application/Intake Process: Pantry participants are asked to fill out a form and provide proof of residency, the number of dependents, names and age of each household member (i.e. for a child, that can be an immunization card, birth certificate, report card, etc.), and valid identification. Homeless persons may use the address of a local service agency.
 3. Food delivery process: The recipients will drive into the parking lot and will be met by one of the volunteers. Recipients are given a shopping list to choose the food items they want. Then a volunteer will bring their box of food out to the car.
 - a. If it's a new recipient from within our focus area federal eligibility requirements will be followed.
 - b. If they are new and from outside our focus area, they will be given food this one time and will be given the information for them to go to a pantry closer to their residence in the future.
 4. Emergency Food: Emergency food is always available by calling either of the Co-directors. (see info below.)
 5. Food Benefit: Food is distributed on a per person basis predicated upon household size. Occasionally, a surplus of an item or items is available, and these items are provided to all pantry users, but do not count against their benefit limit. (Contact pantry for specifics that apply to your family.)
 6. Geographic area served: Three Lakes, Sugar Camp, Clearwater Lake, and Monico.
 7. Cost: None
 8. Sample Pantry items: Includes frozen food, refrigerated food, dry shelf food, paper products, canned goods, and whatever else they have to offer in a particular week.
 9. Address: 6965 W. School St. Three Lakes WI 54562
 10. Hours of operation: 1st and 3rd Saturday from 9:30 – 11:00
 11. Contacts:
 - a. Doe Muench (Co-Director)
 - i. Phone 715-617-0457
 - ii. Pineisle1317@frontier.com
 - b. Jan Harris (Co-Director)
 - i. Phone:715-401-2184
 - ii. Email: dusty1943@hotmail.com

i. Tomahawk Food Pantry (Tomahawk)

- i. Program Description: Provides food supplies for food insecure households.
- ii. Program Details:
 1. Eligibility Requirements: Clients must have income at or below 200% of the federal Poverty Guidelines established for their household size, per the Emergency Food Assistance Program.
Income is determined by self-declaration.
 2. Application/Intake Process: Pantry participants are asked to fill out a form and provide proof of residency, the number of dependents, names and birth dates of each household member (i.e. for a child, that can be an immunization card, birth certificate, report card, etc.), and valid identification. Homeless persons may use the address of a local service agency.
 3. Food delivery process: Recipients come into the pantry to shop for needed items.
 4. Emergency food: Food needs outside of pantry hours can be filled by calling the pantry directly. (See info below.)
 5. Food Benefit: Food is distributed on a per person basis predicated upon household size. Occasionally, a surplus of an item or items is available, and these items are provided to all pantry users, but do not count against their benefit limit. (Contact pantry for specifics that apply to your family.)
 6. Geographic Area Served: Serving all of Lincoln County plus part of southwest Oneida county.
 7. Cost: None
 8. Sample pantry items: Items include frozen food including fruits, vegetables, and meat, refrigerated food, canned items, dry shelf food, and bakery items. Items offered vary on a week-to-week basis.
 9. Address: 1104 School Road, Tomahawk, WI
 10. Direct Phone: 715-453-4378
 11. Hours of operation: Wednesday 1:00 PM - 3:00 PM,
Friday 11:00 AM – 12:30 PM
 12. Contact:
 - a. Ricky Lawrence
 - i. Phone: 715-453-1386
 - ii. Email: Lynn.griffin@frontier.com

j. Vilas Food Pantry (Eagle River)

- i. Program Description: Provides food supplies for food insecure households.
- ii. Program Details:
 1. Eligibility Requirements: Clients must have income at or below 200% of the federal Poverty Guidelines established for their household size. Income is determined by self-declaration.
 2. Application/Intake Process: Pantry participants are asked to fill out a form and provide proof of residency, the number of dependents, names and birth dates of each household member (i.e. for a child, that can be an immunization card, birth certificate, report card, etc.), and valid identification. Homeless persons may use the address of a local service agency.
 3. Food delivery process: Recipients fill in an order form and turn the form into a volunteer upon arrival at the pantry. The food items will then be selected and boxed and brought out to the recipient's vehicle.
 4. Emergency food: Food needs outside of pantry hours can be filled by calling the pantry Director. (see info below.)
 5. Food Benefit: Food is distributed on a per person basis predicated upon household size. Occasionally, a surplus of an item or items is available, and these items are provided to all pantry users, but do not count against their benefit limit. (Contact pantry for specifics that apply to your family.)
 6. Cost: None
 7. Sample Pantry items: Items include frozen food including fruits, vegetables, and meat, refrigerated food, canned items, dry shelf food, and bakery items. Items offered vary on a week-to-week basis.
 8. Geographic Area Served: All of Vilas and parts of Oneida County
 9. Address: 1013 N Railroad St, Eagle River Wi 54521
 10. Phone: 715-479-9581
 11. Hours of operation: Wednesdays 8:30 AM – 10:00 AM and 1st and 3rd Tuesday 3:00 PM – 5:00 PM
 12. Contact:
 - a. Sandy Weber (Director)
 - i. Phone 715-479-9581
 - ii. Email: gandsweb@charter.net

2. WIC

- a. Program Description: Supplemental nutrition program for Women, Infants, and Children.
- b. Program Details:
 - i. Eligibility requirements: Income based.
 - ii. Categorical breakdown:
 1. Women:
 - a. Pregnant (Please set up appointment as soon as you find out you are pregnant) Postpartum 1 year postpartum if breastfeeding
 - b. Postpartum: Up to 6 months after the birth of an infant or the end of the pregnancy, 1 year postpartum if breastfeeding.
 2. Infants and Children: Up to the child's fifth birthday.
 - iii. Residential: Must live in Wisconsin.
 - iv. Income: up to 185% of the federal poverty income guidelines. Individuals may automatically be eligible for WIC if they are eligible for SNAP (FoodShare Wisconsin) Other automatic qualifiers are available but not listed here.
 - v. Nutrition Risk: Risk is determined on individual basis. (Contact info is below)
 - vi. Application process: Individuals can reach out to the WIC office (Info Below)
 - vii. Program Benefit: Each eligible person is issued a monthly food package specifically for them. The benefit amount is anywhere from \$75 to \$150 per person. WIC food benefits are not like FoodShare in that specific foods are issued vs an open dollar amount.
- c. Jurisdiction:
 - i. Oneida County
 1. Address: 100 Keenan St, Rhinelander, WI 54501
 2. Office phone: 715-369-6263
 3. Hours: 8:00AM – 4:30 PM
 4. Jurisdiction: Oneida County
 5. Contact: Louise Wells, WIC Support
 - a. Phone 715-369-6109
 - b. Email: wic@co.oneida.wi.us
 - ii. Vilas County WIC
 1. Address: 303 Court St, Eagle River, WI 54521
 2. Office phone: Office: 715-479-3782
 3. Hours: Tuesday and Wednesday from 8:00 AM – 4:00 PM
 4. Jurisdiction: Vilas County
 5. Contact: Brenda Husing; WIC Director
 - a. Cell phone: 715-891-5405
 - b. Email: brhusi@vilascountywi.gov

3. Northwoods Weekend Backpack Programs

- a. Program Description: Providing elementary school children take-home meal equivalents each weekend during the school year.
- b. Program Details: Each child takes home the equivalent of two meals or slightly more for each weekend. This can be represented by many combinations of child-friendly food items.
 - i. Eligibility requirements: Program is open to any child whose family asks for the programs support, or is recommended by school district administrative staff. No income guidelines
 - ii. Application process: Reach out to the appropriate contact representing your child's school.
 - iii. Operational time frame: First Friday of school year to last Friday of the school year (Generally)
 - iv. Jurisdiction:
 1. AV-W School District
 - a. Contact: Rich Fortier
 - i. Phone: 715-356-3282
 2. Elcho School District
 - a. Contact: Office
 - i. 715-275-3205
 3. Lac du Flambeau School District
 - a. Contact: Tiffany Bouman
 - i. Phone: 715-588-3838 ext. 197
 4. MHLT School District
 - a. Contact: Aly Boh
 - i. Phone: 715-356-5206 ext. 2114
 5. North Lakeland School District
 - a. Contact: Christine Wallace
 - i. Phone: 715-543-8417
 6. Northland Pines School District
 - a. Eagle River Elementary School
 - i. Contact: Katie Stuckemeyer
 1. Phone: 715-479-8989 ext. 4528
 - b. Land O Lakes Elementary School
 - i. Contact: Katie Stuckemeyer
 1. Phone: 715-479-8989 ext. 4528
 - c. St. Germain Elementary School
 - i. Contact Tony Duffek
 1. Phone 715-542-3632

7. Phelps School District
 - a. Contact: Jason Pertile
 - i. Phone: 715-545-2724 ext. 115

8. Prentice School District
 - a. Contact: Kay Erikson
 - i. Phone: 715-428-2811 ext. 2004

9. Rhinelander School District
 - a. Central Elementary School
 - i. Contact: Danielle Witter
 1. Phone 715-365-9600 ext. 2307
 - b. Crescent Elementary School
 - i. Contact: Lauren Bessa
 1. Phone: 715-365-9120 ext. 3128
 - c. Northwoods Community Elementary
 - i. Contact: Office
 1. Phone: 715-282-8200
 - d. Pelican Elementary School
 - i. Contact: Tracy Schumacher
 1. Phone: 715-365-9160 ext. 4128

10. Three Lakes School District
 - a. Three Lakes Elementary School
 - i. Contact: Cristin Opall
 1. Phone: 715-546-3323 ext. 3102
 - b. Sugar Camp Elementary Schools
 - i. Contact: Cristin Opall
 1. Phone: 715-272-1105 ext. 4436

11. Tomahawk School District
 - a. Contact: Denise Peissig
 - i. Phone: 715-453-5555 ext. 174

4. Caritas

- a. Program Description: An interfaith ministry outreach. The program provides individuals with modest financial help with utility bills, gasoline, and clothing. In addition, they provide food support through a modest pantry and referrals to other organizations and programs.
- b. Program Details:
 - i. Program qualifications: No financial or residency requirements.
 - ii. Program Benefit:
 1. Financial Support; Maximum of \$50.00 per month and \$150.00 per year
 2. Food Support: Modest pantry
 - iii. Locations:
 1. Minocqua Caritas
 - a. Address: St. Mathias Episcopal Church 403 East Chicago Ave, Minocqua, WI 54548
 - b. Jurisdiction: No geographic restrictions
 - c. Phone: 715-356-9989
 - d. Hours: Thursdays 10AM – 1PM
 - e. Contact: Contacts Change
 - i. Phone: 715-356-9989 (leave message)
 2. Eagle River Caritas
 - a. Address: St. Francis Episcopal Church 120 Silver Lake Road, Eagle River, WI 54521
 - b. Jurisdiction: No geographic restrictions
 - c. Phone: 715-480-5683
 - d. Hours: Wednesdays 11AM – 2PM
 - e. Contact: Doug Tower
 - i. Phone: 715-480-5683 (leave message)

5. Community Meals

- a. Northwoods Share Community Dinner
 - i. Program Description: A FREE community dinner that offers food and fellowship.
 - ii. Program qualifications: No financial or residential requirements
 - iii. Address: The Rock
1019 East Wall St.
Eagle River WI
 - iv. Phone: 715-352-0432
 - v. Hours: 1st and 3rd Tuesdays from September – May, serving from 5:00 PM - 6:00 PM (while supplies last)
 - vi. Contact: Individuals Change
 - 1. Phone: 715-352-0432
- b. The Table
 - i. Program Description: A FREE community dinner that offers food and fellowship.
 - ii. Program qualifications: No financial or residential requirements
 - iii. Address: St. Augustine Church
39 S Pelham St.
Rhineland WI
 - iv. Hours: Last Day of Every Month (except December) 5:30 PM
 - 1. Contact: Individuals Change.
 - a. Phone: 715-420-0066
- c. Tomahawk Community Supper
 - i. Program Description: A FREE community dinner that offers food and fellowship.
 - ii. Program Details:
 - 1. Program qualifications: No financial or residential requirements.
 - 2. Address St Mary's Catholic Church Hall Corner of East Washington Avenue and 7th Street, Tomahawk WI
 - 3. Hours: Tuesdays Serving at 5:00 PM
 - 4. Contact: Individuals Change
 - a. Phone: 715-966-2100
- d. Tom's Table
 - i. Program Description: A FREE community dinner that offers food and fellowship.
 - ii. Program Details:
 - 1. Program qualifications: No financial or residential requirements.
 - 2. Address: St Mathias Episcopal Church
403 E Chicago Avenue,
Minocqua WI
 - 3. Hours; 2nd Tuesday of Each Month. Serving at 5 PM
 - 4. Contact: Office
 - a. Phone: 715-358-0355

6. FORK Cares

- a. Program Description: Provides nutritional support to school-aged children at times of the year when school delivered nutrition is not available. i.e., winter, spring, and summer vacation periods.
- b. Program Details
 - i. Benefit: Equivalent of one meal for each weekday a child is away from school during vacation.
 - ii. Delivery: Meal packages are picked up at the child's school.
- c. Program qualifications: Must qualify for FREE School breakfast and lunch.
- d. Participating School Districts:
 - i. Northland Pines School District
 1. Contact: Katie Stuckemeyer
 - a. Phone: 715-479-8989 ext. 4528
 - b. Email: kstuckemeyer@npsd.k12.wi.us
 - ii. Phelps School District
 1. Contact: Jason Pertile
 2. Phone: 715-545-2724 ext. 115
 3. Email: jpertile@phelps.k12.wi.us
 - iii. Three Lakes School District
 1. Contact: Ryan Bock
 - a. Phone: 715-546-3321
 - b. Email: rbock@threelakessd.k12.wi.us

7. Hodag Food Wagon

- a. Program Description: Provides meals to children during Rhinelander School Districts summer break from school
- b. Program Details: Provides a food package equivalent to two meals and snacks.
- c. Eligibility: Children and youth from Oneida County.
- d. Food Distribution:
 - i. Delivery: Thursdays during summer vacation period.
 - ii. Time: 10:00 AM – 1:00 PM
 - iii. Locations:
 - 1. YMCA Youth Development Center
 - 2. Oneida County Public Library
- e. Program Qualifications: Must qualify for federal Free or reduced school lunch.
- f. Contact: Courtney Smith
 - i. Phone: 715-369-7237

8. Meals NOW

- a. Program Description: Provide emergency nutritional support to school-aged children who are affected by circumstances that trigger fast declining levels of food security.
- b. Program Details:
 - i. Program qualifications:
 1. Financial: Family must qualify for the free or reduced-price school meal program.
 2. Change of circumstance: lost job, underemployment, divorce or separation, family illness or death, loss of a home, financial loss such as car accident or expensive repair, etc.
 - ii. Program benefit: Families are provided gift cards to the local grocery store of their choice. 1 Child - \$100.00 in Gift Cards, 2 = \$175.00, 3 = \$225.00 4 = \$275.00 Etc.
 - iii. Gift Card delivery: The cards will be provided to the recipient by the contact of the child's school.
 - iv. Participating School Districts
 1. Northland Pines School District
 - a. Contact: Katie Stuckemeyer
 - i. Phone: 715-479-8989 ext. 4528
 2. Phelps School District
 - a. Contact Jason Pertile
 - i. Phone: 715-545-2724 Ext 115
 3. Three Lakes School District
 - a. Contact K4 – 6th Grade Cristen Opall
 - i. Phone: 715-715-546-3323 ext. 3102
 - b. Grades 7 – 12 Ryan Bock
 - i. Phone: 715-546-3321 ext. 3204

9. FORK Pantry

- a. Program Description: A five to seven day a week resource for parents, guardians, or educators to access food for the children in their care.
- b. Program Details:
 - i. Eligibility requirements: There are no financial or residential limitations to access any pantry location.
 - ii. Food Benefit: The program encourages individuals to “Take what you need”.
 - iii. Pantry Locations (Front Entry of the following buildings)
 1. Eagle River Elementary School (715) 479-6471
 2. Phelps Elementary School (715) 545-2724
 3. Conover Town Hall (715) 479-8688
 4. Land O’ Lakes Elementary School (715) 547-3619
 5. St Germain Elementary School (715) 542-3632
 6. Plum Lake Public Library (715) 542-2020
 7. Sugar Camp Elementary School (715) 272-1105
 8. Three Lakes School District Administrative Entrance (715) 546-3323
 - iv. Pantry Inventory: Each pantry is filled with both kid friendly food items as well as basic items needed by families to feed children. Here is a partial list of items that you might find in each pantry: fruit snacks, oatmeal cups, mac and cheese, apple sauce, trail mix, granola, pudding, peanut butter, canned meats, canned vegetables, canned fruit, soup, pasta, rice mixes, flour, honey, jelly, pancake mix, syrup, etc.
 - v. Pantry Hours: Each pantry is open during the hours of operation for the building in which the pantry is located. (Individuals can call the above locations for the building hours for the pantry location most convenient to them.)
 - vi. Cost: None
 - vii. Special Dietary Needs: Individuals can request food to meet their children’s special dietary needs by contacting Jean Arndt at 309-647-0474

10. JUMP START

- a. Program Description: Provides increased levels of fruits and vegetable to families' children from birth to five years of age.
- b. Program Details:
 - i. Program qualifications:
 1. Individuals must first register and qualify for WIC benefits. (See WIC program qualification)
 2. Individuals must live within the Northland Pines, Three Lakes and Phelps School District boundaries.
 - ii. Program Benefit: A monthly \$10.00 gift certificate that can be used to purchase fresh, canned, or frozen fruits and vegetables. The certificates are good at Trig's Food and Drug and Pick n Save of Eagle River, Charlie's Northwoods Market in Land O' Lakes, Camp's Fresh Market in St Germain, Three Lakes Town Market in Three Lakes.
 - iii. Contact
 1. Oneida County WIC Coordinator Hope Williams
715-369-6263
 2. Vilas County WIC Coordinator: Brenda Husing
715-479-3656 ext 1

11. Formula Support Program

- a. Program Description: Provides an emergency source of supplemental formula to families who run short prior to WIC benefit renewal at the end of the month.
- b. Program Details:
 - i. Program qualifications: Individuals must first register and qualify to WIC (See WIC program qualification above.)
 - ii. Program Benefit: One can of their preferred formula
 - iii. Contact:
 - 1. Oneida County: WIC Coordinator Hope Williams
715-369-6263
 - 2. Vilas County: WIC Coordinator Brenda Husing
715-479-3656 ext. 1

12. National School Breakfast and Lunch Programs

- a. Program Description: These programs provide both a free or reduced breakfast and lunch each day school is in session.
- b. Program Details:
 - i. Program qualifications:
 1. Free meals must have family income at 130% of the Federal Poverty level. (Programs can vary)
 2. Reduced-price meals must have family household income at less than 185% of the federal poverty level.
 - ii. Program Benefit: Free or reduced-price school breakfasts or lunches each day school is in session.
 - iii. Application /Intake process: Parents or guardians can apply for free or reduced-price meal benefits. They must contact the school where their child attends to obtain the appropriate Federal Child Nutrition Program applications.
 - iv. School Districts
 1. AV-W School District
 - a. Contact: Office
 - i. Phone: 715-356-3282
 2. Elcho School District
 - a. Contact: Office
 - i. Phone: 715-275-3205
 3. Lac du Flambeau School District
 - a. Contact: Office
 - i. Phone: 715-588-3838
 4. Lakeland Union High School District
 - a. Contact: Office
 - i. Phone: 715-356-5252
 5. MHLT School District
 - a. Contact: Office
 - i. Phone: 715-356-5206
 6. North Lakeland School District
 - a. Contact: Office
 - i. Phone: 715-543-8417
 7. Northland Pines School District
 - a. Contact: Office
 - i. Phone 715-479-6487
 8. Phelps School District
 - a. Contact: Cindy Spurgeon
 - i. Phone: 715-545-2724
 9. Prentice School District
 - a. Contact: Kay Erickson
 - i. Phone: 715-428-2811 ext. 2004

10. Rhinelander School District
 - a. Rhinelander High School
 - i. Contact: Office
 1. Phone: 715-365-9500
 - b. James Williams Junior High School
 - i. Contact: Office
 1. Phone: 715-365-9220
 - c. Central Elementary School
(Registration not Required 2022-2023)
 - i. Contact: Office
 1. Phone: 715-365-9600
 - d. Crescent Elementary School
(Registration Not required 2022 – 2023)
 - i. Contact: Office
 1. Phone: 715-369-9120
 - e. Northwoods Community Elementary
 - i. Contact: Office
 1. Phone: 7165-282-8200
 - f. Pelican Elementary School
(Registration Not required 2022 – 2023)
 - i. Contact: Tracy Schumacher
 1. Phone: 715-365-9160 ext. 4128
11. Three Lakes School District
 - a. Contact: Kerri Ison
 - i. Phone: 715-546-3496
12. Tomahawk School District
 - a. Contact Sandy Anderson
 - i. 715-453-5555 ext. 310

13. The Locker

- a. Program Description: Provides students nutritional and other resources at Northland Pines Middle and High School.
- b. Program Details:
 - i. Program qualifications: Must be a Middle or High School student within the Northland Pines School District.
 - ii. Program Benefit: Provides a limited number of food, personal items, clothing, and school supplies per visit please.
 - iii. Program Hours: Open during school hours.
 - iv. Program Cost: None
 - v. Location: The library at Northland Pines Middle and High School (Check with the librarian on duty)
 - vi. Address: 1800 Pleasure Island Rd, Eagle River, WI 54521
 - vii. Contact Stephanie Grassl Middle and High School Librarian
 - 1. Phone: 715-479-4473

14. Senior Dining

a. Program Description:

- i. Congregant Meals: Individuals age 60 or older and their spouse can enjoy a meal at any of the below dining sites.
- ii. Home Delivery Meals: Meals delivered to homebound seniors that are age 60 and older and their spouse who are able to attend local Senior Dining Sites who meet eligibility requirements.
- iii. Reservations are required at least one day in advance
- iv. Confidential donations are accepted, but not required.
- v. There are no economic qualifications to meet.

b. Dining Sites

i. Oneida County

1. Cassian

- a. Location: Cassian Town Hall
- b. Days/Times: Tuesday and Thursdays at 11:30
- c. Contact: Jeanne Merwin
 - i. Phone: 715-891-1221

2. Lake Tomahawk

- a. Location: Lake Tomahawk Town Hall
- b. Days/Times: Mondays and Wednesdays
- c. Contact: Elaine Carpenter
 - i. Phone: 715-614-2908

3. Nokomis

- a. Location: Nokomis Town Hall
- b. Days/Times: Monday and Wednesday at 11:30
- c. Contact: Debbie Jelinek
 - i. Phone: 715-499-5026

4. Rhinelander

- a. Location: ARDC of Oneida County
- b. Days/Times: Monday through Friday at 11:30
- c. Contact: Office
 - i. Phone: 715-369-6170

5. Sugar Camp

- a. Location: Sugar Camp Town Hall
- b. Days/Times: Tuesday and Thursday at 11:30
- c. Contact: Eleanor Yeager
 - i. Phone: 715-499-5027

6. Three Lakes

- a. Location: Reiter Center
- b. Days/Times: Monday, through Thursday at 11:30
- c. Contact: Diana Kern
 - i. Phone: 715-891-2413

7. Woodruff
 - a. Location: Holy Family Catholic Church
 - b. Days/Times: Monday through Friday at 11:30
 - c. Contact: Bert Hackworthy
 - i. Phone: 715-892-4045
- ii. Vilas County
 1. Boulder Junction
 - a. Location: Granary Restaurant
 - b. Days/Times: Monday, Wednesday, and Thursday at 11:30
 - c. Contact: Josie Allen
 - i. Phone: 715-385-2617
 2. Eagle River
 - a. Location: Rock Mission Center
 - b. Days/Times: Monday through Friday at 12:00
 - c. Contact: Jenni Johnson
 - i. Phone: 715-891-1221
 3. Land O' Lakes
 - a. Location: Gateway Lodge
 - b. Days/Times: Tuesday and Wednesday at 11:30
 - c. Contact: Anna Moore
 - i. Phone: 715-547-6076
 4. Phelps
 - a. Location: Northern Exposure
 - b. Days/Times: Monday, Wednesday, and Friday at 12:00
 - c. Contact: Judi Heikkinen
 - i. Phone: 715-545-3697
 5. St. Germain
 - a. Location: Community Center (Carry Out or home delivery only)
 - b. Days/Times: Wednesday Thursday, and Friday at 10:30
 - c. Contact: Nancy Moser
 - i. Phone: 715-617-2795
 6. Lac du Flambeau
 - a. Location: Wellness Center
 - b. Days/Times: Monday and Friday at 11:30
 - c. Contact: Serina Johnson
 - i. Phone: 715-588-4385

15. FoodShare Wisconsin

- a. Program Description: FoodShare Wisconsin was created to help stop hunger and to improve nutrition and health for people with limited financial resources. It is a federal program that provides grants to the States, for purpose of reducing hunger and malnutrition in all eligible households across the nation. SNAP helps provide healthy food to qualifying low-income families with children, elderly or disabled in each state of the USA, including Wisconsin.
- c. Program Benefit: Qualified individuals receive an electronic card, like an ATM card, to buy eligible food in authorized retail food stores. The amount of the benefit is based upon an individual's circumstance. May also be used for some allowable expenses.
- d. Program eligibility: The program supports people of all ages who have a job but have low incomes, are living on small or fixed income, have lost their job, retired, or are disabled and not able to work. To be eligible for this benefit, you must be a resident of the State of Wisconsin and meet one of the following criteria.
 - i. Household Income Levels 200% of the Federal Poverty or less.
 - ii. You have a current bank balance (Savings and checking combined under \$2001, or
 - iii. You have a current bank balance (savings and checking combined) under \$3001.00 who share their household with one of the following.
 1. A person of persons aged 60 and over. Or
 2. A person with a disability (a child, your spouse, a parent or yourself.
- e. Contacts:
 - i. Vilas County FoodShare Wisconsin Office
 1. Phone: 888-794-5722
 - a. Interview Hours: Individuals of Vilas County can call the FoodShare On-Demand number to complete their FoodShare interview without an appointment.
 - i. Monday: 8 AM – 3 PM
 - ii. Tuesday: 8 AM – 3 PM
 - iii. Wednesday: 8 AM – 3 PM
 - iv. Thursday: 12:30 PM – 3 PM
 - v. Friday: 8 AM – 3 PM
 - ii. Oneida County FoodShare Wisconsin Office
 1. Phone: 888-445-1621
 - a. Interview hours: Individuals of Oneida County can call the FoodShare On-demand number to complete their FoodShare interview without an appointment.
 - i. Monday: 8:30 AM – 3:30 PM
 - ii. Tuesday: 12 PM – 3:30 PM
 - iii. Wednesday: 8:30 AM – 3:30 PM
 - iv. Thursday: 8:30 AM – 3:30 PM
 - v. Friday: 8:30 AM – 3:30 PM

16. Ruby's Pantry

- a. Program Description: Program provides an abundance of manufacturer donated groceries so households can extend monthly food budgets.
- b. Cost: \$25 bundle donation.
- c. Qualifications: There is no income or residency requirement.
- d. Location: National Guard Armory
1136 Military Road,
Rhineland WI
- e. Day and Time: Third Tuesday of each month 4:30 PM – 6:00 PM
- f. Contact: Calvary Baptist Church Office
 - i. 715-362-4792

888-479-FORK



FAMILY FOOD HELPLINE

Serving Vilas and Oneida Counties

This Food Security Resource Guide is dedicated to all the special people in the Vilas and Oneida Counties who answer the highest of callings by extending great efforts to feed their neighbors.

We want you to know FORK stands with you in this ongoing effort to push back against food insecurity here in the northwoods.



Perry Pokrandt

President of Feed Our Rural Kids

FORK



Feed Our Rural Kids

www.FeedOurRuralKids.org